

The Law Of Receiving

The Law of Receiving states that every time you make a decision to do something, you receive what you need when you decide you need it. Not before.

The Human Lens of Receiving (aka – Getting)

As humans, we seem to on a constant quest to get what we want. We want to get money. We want to get attention. We want to get approval. We want to get a nicer home. We want to get a nicer car.

We experience lack and thus, we want to *get something to fill that lack.*

This is the human experience of receiving.

From a purely human perspective, we receive that which we do not already have. We long to receive what we lack.

Receiving is applied to situations of lack. The very purpose of receiving is to fill a lack.

The human perspective would then take that lack and look for someone or something else to fill it. Thus, receiving from the human lens appears as someone giving something to you. Or a gift landing in your lap. Or a lottery ticket with the winning numbers.

Receiving is something that involves others. It needs something from the outside.

Thus, our human behavior stems from this belief. Most of what we do is in the service of getting something from some external source.

The picture of receiving, for most people, is one where someone is giving you something.

But this is not the way our Spiritual Self or our Divine nature sees receiving.

The Divine Lens of Receiving (aka – Allowing)

Our divine nature sees receiving in a completely different way.

From the Divine perspective, the purpose of receiving is to have an experience of something we know to be already present within us.

In divine terms, receiving has NOTHING to do with lack. Receiving is entirely about experiencing. We are creatures of experience – at least, we are meant to be. We are designed to live and breathe and be in the present moment where we can experience the fulfillment of our desires.

It's like this. Right now you have skin all over your body, yes? It's there just being present. But for you to fully appreciate the pleasure of having skin, your skin must be activated by the present of touch. Whether you touch your own skin, or someone else touches it, or you feel your clothing caressing it, or you sense the breeze on it, you are only able to fully experience the pleasure of your skin when something to activates it. It's not that your skin wasn't there until someone touched it. It was there all along, and you know it to be there. **But to experience the pleasure of your skin, requires some form of activation.**

This is how receiving, from the divine perspective works.

- You acknowledge the presence of something you'd like to experience within you,
- And then you allow something to activate that experience.

For example, you might realize you want to experience your own abundance. So first, you acknowledge the presence of abundance already within you and your life. And then you allow yourself to do something to activate the experience of abundance within you.

The Architecture of Experience

Recall that we live in a thinking universe. Thoughts are the seeds of creation. All that is sprouted from thought – trillions and trillions of thoughts.

Your entire existence was created by you and your thought. Your world is entirely the product of your thought.

Now, although thought is what creates everything, *feeling is how we experience everything.*

Feeling is how we experience everything.

Absorb the profound simplicity of this.

All there really is, in your experience, is your feeling. How you feel about things.

Your thoughts have a great deal to do with how you feel, but it's actually your feeling, not your thinking that you experience.

Just like you can see a tree in front of you. And until you make the choice to notice, appreciate, and experience your feelings about the tree, the tree is totally not in your experience. It's there, just like your skin, but until you choose to experience the tree, it's not a part of your experience.

When you look at the tree and choose to activate thoughts and feelings about it, you don't feel those feelings in the tree, right? You feel those feelings in your body. In your experience.

Now nothing changed inside you between the moment you were unaware of the tree and the moment you were aware of the tree – thus whatever feelings you experience by looking at and directing your attention upon the tree, was already inside you to begin with. Maybe looking at the tree activates a feeling of peace, or connectedness, or joy... whatever it is... it was already inside you, and your attention on the tree allowed you to activate that feeling.

The tree didn't come over an inject into you a "tree serum" that is filled with the feeling of peace or connection. The tree did nothing. The tree is just there being. It was you who chose to activate the receiving of peace or connectedness through attention on the tree. But your feeling of peace and connectedness comes from within you. Just like your skin, already there, already present, just waiting for you to activate an experience so you that you can FEEL it alive in the present moment.

What this means is that everything we experience is within us – not in the world we see around us. It also means that the source of our experience comes from within us. We can't experience something that isn't already within us to sense.

Thus you cannot ever experience anything that is on the external world.

It also means that everything you see that you want on the external world is actually a mirage – because you can never really experience anything that isn't already you.

Thus all physical world desires are actually feelings within us that we long to have activated in our experience.

Every physical world desire we have is an feeling within us that longs to be activated.

Our Spiritual Self knows this always. Our Spiritual Self knows that all we truly long for is feeling. Our Spiritual Self knows that at the heart of every physical world desire that we have lives a feeling we long to experience.

But our human self forgets. Our human self gets distracted and believes that the bigger house or the full bank account or the elimination of debt or the increase in customers will actually fill in the longing.

The Spiritual Self knows there is no lack. *There is only a need to activate an experience.*

- The bigger house might help you feel safe, or precious, or relaxed, or joyful.
- The fuller bank account might help you feel empowered, or cared for, or important, or successful
- The absence of debt my help you feel relief, or clear, or forgiven, or acceptable.

As a Manifestation Master, the question I invite you to always ask yourself is this: **what is the experience I long to activate?**

And remember that the experience is both activated by you, and occurs within you.

1. What is the experience or feeling I long to activate?
2. Acknowledge that this experience lives inside you already
3. Decide to seek out an opportunity to activate this experience
4. Have the experience (feel the feeling)

Rearrange your physical world desires into this model:

1. What is the physical world desire have?
2. What do I believe I will experience (feel) when I have this physical world desire met?
3. Acknowledge that this experience lives inside you already
4. Decide to seek out an opportunity to activate this experience
5. Have the experience (feel the feeling)

Thus, the Divine purpose of receiving is to have an experience of something you know to be already present within you.

Receiving is where the Feeling World and the Physical World Meet

On the next call, we will discuss the 10th Law of Creation, The Law of Desire. I mention it now, because it interplays with receiving.

Spirit is creating desires within you all the time. Your ego believes that your desires come from yourself, but in truth, your desires spring from a calling from Spirit who wants you to create something. Remember that Spirit is always manifesting, always creating.

And Spirit wants you to be a part of that creation because there are things that can only be created by you.

Here's why this is important in this moment: Some people take what I just said and they interpret it to mean that you don't need to manifest anything in the physical world, because all experience lives within you. So every time they have the thought, "I'd like more money," they tell themselves, "Oh no, you're just longing to feel more safe, so I'll just sit for a moment and activate a feeling of safety inside you and our work will be done."

And sure, for the moment, you can connect to that feeling of safety and feel good. And perhaps for a moment, you feel complete. You feel fulfilled.

But then, what happens?

The longing for money keeps coming back. And if you are like many spiritual seekers, you keep having the same conversation with yourself over and over, reminding yourself that everything you need is within you and that all you need to do is activate the feeling.

Many spiritual seekers spend their entire life in this practice. But their desire never goes away. Thus there is a part of them that has never been actualized – a part of them Spirit longs for them to actualize.

The reason is that the desire within you is being constantly provoked by the Divine. The Divine wants you to get out into the physical world and encounter all sorts of experiences that lead to your authentic creation.

Thus when you have the aching for more money, it's because the Divine wants you to embark on a journey of creation. A journey that heads in the direction of you manifesting more money.

The Divine knows that you can feel the experience that money will give you right now. It knows that you have within you power, joy, and freedom already.

And thus, the Divine hopes that you will call on those resources within you. The Divine hopes that you will recognize the abundance of all you desire is already present with you. And then, the Divine hopes you will take actions that lead you to both experience those feelings within you – and actions that will lead you toward the specific physical world desire of money.

Through this process, you both experience and create. You experience your power and freedom. You create money, and all sorts of other stuff.

This is the divine nature of receiving.

Receiving is the place where your internal world meets the physical world. It is the place where manifestation in the physical world happens.

It happens as you apply the steps given to you previously:

1. Ask yourself, “What is the experience or feeling I long to activate?”
2. Acknowledge that this experience lives inside you already
3. Decide to seek out an opportunity to activate this experience
4. Have the experience (feel the feeling)

Manifestation of your desires in the physical world happens in step 3.

That’s where it happens. Now, that doesn’t mean that this is all there is to manifestation, as all the other Laws still apply, but this is the precise place where your inner world and your spirit connect with the physical world.

So let’s talk about Step 3 a bit more.

Decide to Seek Out An Opportunity To Activate The Desired Experience

Let’s say your desire is a consistent stream of revenue \$10K per month.

1. **Ask yourself, “What is the experience or feeling I long to activate?” - Freedom**
2. **Acknowledge that this experience lives inside you already – Remember a time**
3. **Decide to seek out an opportunity to activate this experience –**
 - a. *What is a bold action I can take right now to move me in the direction of this desire?*
 - b. *What can I do today?*
 - c. *What can I do this week?*
 - d. *What can I do this month?*
 - e. *What can I do this year?*
4. **Have the experience (feel the feeling)**

By asking yourself to discover opportunity in the moment, to experience your desire, and at the same time to see the other bigger choices you could make over longer periods of time, you start to discover the possibilities that are available for you to receive.

The more you practice this questioning of ...

- a. *What is a bold action I can take right now to move me in the direction of this desire?*
- b. *What can I do today?*
- c. *What can I do this week?*
- d. *What can I do this month?*
- e. *What can I do this year?*

... the more you will start to see the opportunities available in the present moment. The bigger and bolder your actions will become.

Spotting choice and opportunity is a bold and powerful practice.

It resets your thinking. It reprograms you to see that receiving doesn't start with a lack in you that is filled by something outside of you. It reprograms you to see the abundance within you, and the availability of opportunity all around you.

And once you see the opportunity, you must take the action. Boldly take the action. Receiving requires YOUR action. It's not about the action of others.

Actions

1. Take the action given to you by your Guide – the 20 minute action, the 1 week action, and maybe even your 1 month or 1 year action.
2. Follow the physical world plan that you created to help you manifest your 90 Day Divine Creation.