

The Law Of Giving

The Law of Giving states that when you give with an open heart, both the giver and the receiver end up with more than they started with.

The Human Lens of Giving

Most people think they are giving, when actually, they are trading.

Often our giving is laced with a hidden agenda – an unspoken agreement – of “I’ll pat your back if you pat mine.”

But this is not what your Spiritual Self has in mind when it comes to giving.

In addition to trading, we also confuse sacrifice with giving. Sacrifice or martyrdom is also often confused for giving.

See Giving As A Gift To Yourself

Like an act of forgiveness, which is a rich form of alchemy that brings a situation from a low state of energy to higher, more divine state, so is an act of giving.

When we see it this way, we completely release any expectations on the other. We see the value to ourselves for giving to someone else, and thus don’t move into a place of trading or sacrifice.

When you give as a gift to yourself, everything shifts. Your perception of yourself and the other person changes. Suddenly giving to you becomes a way for me to experience the love, power, and prosperity present in my life. And the other person, then, is no longer taking from me, or receiving from me, but rather, is giving me the opportunity to experience my love, power, and prosperity in a new way.

Thus I feel like the luckiest person in the world.

I make a special point of doing this when I write checks to the people on my team. I feel so excited to share my abundance with them. I love that I have the money in the bank to write the check. I love that together we are creating a business that helps and inspires people to make a difference in the world. I cherish payday as an exercise of giving to myself.

High Frequency Giving

High Frequency Giving – the kind of giving embodied by Spirit and your Higher Self – is a profound act of self-love. It is a celebration of your own experience of love, empowerment, and prosperity. It is where you give for no other reason, than because it brings you joy.

It's not because you have to, or because you're supposed to, or because nice people do it – it is something you feel authentically called to do.

High Frequency Giving fulfills your own longing to express and share love, power, and prosperity with others.

Understanding The Purpose Of These Laws

FIRST, Recall that our entire journey in the Manifestation Mastery Program is a study of creation. It's a study of how things are created and why. It's an experience of learning how the laws of the universe work, so that, if we choose, we can use them on our behalf.

But it's important to remember that these laws are not meant to be rules – hard and fast directions you have to take, or else you are wrong or bad.

- You are not bad if you give with expectations.
- You are not bad if you ask with the intention to receive.
- You are not bad if you are motivated by your three human selves more often than your Spiritual Self.

The key is to remember that the Laws of Creation reveal how the universe works, and helps you see why it is your life is the way it is. It leaves the choice up to you what you want to do next.

If you choose to practice giving free of expectations, ask free of the intention to receive, and act with the presence of Spirit in you heart, the result will be that your life is better. You will be happier.

But it doesn't mean that bad people do it one way, and good people do it another.

So the purpose of studying these laws is to see the new choices available to you as you live your life. They show you the options available. Sometimes you will choose consciously to work in opposition to these laws. And that's fine. No one, not even Spirit, is judging you for it. So release the need to judge yourself. You are human after all.

SECOND, recall the definition of a Manifestation Master.

A Manifestation Master sees that he created EVERYTHING in his life and then revels and savors every part of it – both the victories and the challenges.

As the definition suggests, the Manifestation Master lives, from moment to moment reveling and savoring in what is.

- **In the moment of making a request, that is all there is – the request –** and he revels and savors in it.
- **In the moment of giving to another, that is all there is – the experience of sharing –** and he revels and savors in it.

The Manifestation Master is not thinking about the future – he’s not thinking about how the other person will respond to his request or pay him back for his goodness. He’s completely living in the present moment doing what he always does – reveling and savoring.

THIRD, remember, that one of the myths about manifestation is that perfection is required. Spirit has made it abundantly clear that this is NOT the case. Spirit is giving us these Laws of Creation so that we may practice them, play with them, discover our hidden power from them.

Nowhere is there a requirement to be perfect.

These laws have been spoken many times before in thousands of other contexts. All the most sacred texts, including the Bible, the Koran, and the Torah share these same ideas.

The failure of showing every person how to manifest an abundant life isn’t the fault of these great texts. No, these texts, if read thoroughly and with this intention – to understand how one can live a more abundant, fulfilled life – provide that.

The failure has been in the way that religion has labeled us as bad or good depending on whether we follow or don’t follow these ideas. They become a list of commandments which people use to judge themselves and the world.

These ideas were never meant to be rules for life. They aren’t guarantees for an afterlife in heaven.

Rather, what they are, is an attempt to share understanding about how our universe works. The purpose of this sharing is so that we can discover happiness, and release struggle. The purpose of this sharing is so that you and I

can all discover and experience first-hand, the infinite love, power, and prosperity already living within each of us.

This is why so many of us live in fear – we are afraid of being wrong, being bad, being condemned not only to current pain and struggle, but the potential for an eternal afterlife of pain and struggle.

The Fear of Giving

Why do we fear giving?

- We fear that it will take from us
- We believe that we will have less
- We think it's a sacrifice

Notice for yourself, why do you resist giving?

So why do we give?? If we fear it, and we think that it will result in us having less?

- Because we believe that's what good people do
- Because we believe that someone will scratch our backs
- Because we enjoy giving – because it feels good
- Because we sense that there's more to giving than meets the eye... there's more than just the fear of having less...

The Law of Giving speaks to this fear...

The Law of Giving states that when you give with an open heart, both the giver and the receiver end up with more than they started with.

It speaks of the worry that giving means less for me, by showing me the way to give, so that my fear cannot manifest.

When my heart is open, my giving results in an increase in love, power, and prosperity – for both me and the person I am giving to.

Self-Giving

The key to manifesting anything at all that you want in this universe is self-giving.

You must give to yourself deliberately, rigorously, and constantly, if you truly want your manifestations to head in the direction of your desire.

And while physical acts of giving are essential – sleep, food, pleasure, dance, exercise, sex, reading, vacation, travel, learning, playing, etc. – there are three

very important acts of self-giving that will allow your cup of self-full-ness to brim and overflow:

- Patience
- Self-Forgiveness
- Self-Acceptance
- Loving Acknowledgement
- Inner Kindness
- Self-Honoring
- Self-Love

Through these internal practices, your heart is full and wide open.

And only when your heart is full and wide open can you practice the law of Giving in a way that truly leads you to your desire.

Whenever you give, and your heart is not full – regardless of how much the action seems to be in the service of your desire – it will not produce the desired ultimate affect. Giving when your heart is not full takes you off course from your true desires.

Thus the Law of Giving begins with Self-Giving.

Once your heart is full, then it becomes possible to truly give to others in the way that will lead you to your desires.

Powerful Giving

Mirroring Powerful Requests is Powerful Giving.

To Make A Powerful Act Of Giving:

- **Stand grounded in your heart as you look at your current situation**
 - In your heart and not your head
 - In love and not in fear
 - Love and not anger
 - Surrounding the situation with love, rather than fear or conflict
 - Acceptance rather than resistance of what is
 - The intention for forgiveness rather than conflict for all the people involved with your situation
- **Sense your own abundance in the given situation**
 - Invites a conscious acknowledgement of the presence of love, power, and prosperity already inside you

- Coming from abundance versus lack
- **Decide what to share as an experience of love, empowerment, and prosperity, while seeing the opportunities available**
 - See the opportunity of giving – the gift to you– the fear you will transcend, and the power you will experience the moment you give
 - You see the opportunity for the other person – you see the gift that becomes available to them
 - You see who else benefits when you make this choice to share your skill, wisdom, time, money, or support – see how it transcends YOU – how by giving you are creating an opening for others
 - You make the choice to play bigger in the world.
- **With the intention to give with an open heart (clarity, opportunity, respect, trust, and higher consciousness), make your Powerful Act of Giving.**

Give The Three Divine Reflections

The Three Divine Reflections:

- Love
- Empowerment
- Prosperity

How do you give these things?

- **Clarity** - The people in your life sense when you've left something unsaid or un-requested. Give them clarity.
- **Opportunity** – Give others the opportunity to give to you, share their light, and be a channel of abundance. This is a tremendous gift to them. The ultimate gift, actually. You give them the opportunity to experience their divinity.
- **Respect** – Give them respect by telling the truth. Say yes, when you mean yes. No, when you mean no. Don't give out of sacrifice. It's not respectful. A profound act of respect is sharing your truth.
- **Trust** - When you look into the eyes of another and reveal your true desire, you create a profound moment of trust. Give people your trust. To withhold this moment, not only takes away that moment, but it also silently says to the person, "I don't believe you can be with the truth inside me."

- **The opportunity for higher consciousness** - Every Powerful Act of Giving you share will open doors of higher consciousness for you and the receiver. It's really that simple.

Action Steps:

1. Take the actions from your Manifestation Guide – The Keeper of Self-Love
2. Take the actions from your plan – the plan you created in week 3 to help you manifest your 90-day manifestation.