

Welcome!

Dear Spirit-Seeker,

Welcome to the Manifestation Mastery Journey!

I consider it a privilege to serve you in this way. Nothing could bring me greater joy than taking a journey of Creation with you. Your presence here right now, reading these words is the actualization of my abundance, for abundance to me truly is the opportunity to experience the Divine.

As we set out on this journey, the Divine will be guiding us along the way. The process itself, as you will see, will have you moving into deep alignment with your Higher Self. Know that what you create from this experience will be life-changing. It has to be by its very nature.

On this journey, you will be invited to select one thing to manifest in 90 days (or rather, you will ask your Higher Self to make this selection for you). You might already have a clear idea of what you want to create, and that's wonderful. I invite you to also stay totally open to what presents itself in the process.

Trust your unfolding journey. Be willing to stay open to the unknown.

I promise, it will bring you deeper and closer to the Source of your Creative Power – more so than ever before.

Thank you again, for the opportunity to serve.

Warmly,
Coco

Coco Fossland
www.WorldChangingBusiness.com

Your Commitment

THIS MANIFESTATION MASTERY JOURNEY IS AN ACT OF DIVINE CREATION, AND THEREFORE CANNOT BE TAKEN LIGHTLY.

IT MAY AT TIMES CHALLENGING AND DIFFICULT. IT MIGHT EVEN INSTIGATE YOUR EVERY FEAR. FEAR COMES OUT WHEN YOU ARE STRETCHING INTO YOUR SOUL.

BUT KNOW THAT THE REWARDS ARE BEYOND WORTH IT.

IN FACT, IF YOU EVER WANT TO TRULY CHANGE YOUR LIFE, YOU WILL EVENTUALLY HAVE TO FACE THE FEARS HIDING IN THIS JOURNEY.

IT'S REALLY NOW OR NEVER.

THIS JOURNEY IS NOT MEANT FOR DABLERS. CLOSE THIS GUIDE RIGHT NOW IF YOU INTEND TO DABBLE. IT IS NOT MEANT TO BE SAMPLED, BRIEFLY TESTED, OR USED OCCASIONALLY.

THIS PROGRAM IS TO BE FOLLOWED FOR 90 CONSECUTIVE DAYS.

IF YOU WILL COMMIT TO A DAY AT A TIME FOR 90 DAYS, THE RESULTS WILL ASTOUND YOU.

ARE YOU READY?

**DO YOU COMMIT TO YOUR HIGHER SELF, THE DIVINE, AND THE
COMMUNITY YOU SERVE THE FOLLOWING:**

- 1. DO YOU COMMIT TO LISTENING TO ALL THE RECORDINGS?
_____**
- 2. DO YOU COMMIT TO TAKING DAILY ACTION TO MANIFEST
YOUR CHOSEN CREATION? _____**
- 3. DO YOU COMMIT TO STAY STEAD-FAST AND NOT GIVE UP,
EVEN IF YOU FEEL TIRED, DON'T WANT TO, OR HAVE
SOMETHING ELSE COME UP? _____**
- 4. DO YOU COMMIT TO DISCOVERING THE DIVINE IN YOU, IN
A WAY YOU NEVER HAVE BEFORE? _____**
- 5. DO YOU COMMIT TO BEING RESPONSIBLE FOR WHATEVER
DOES OR DOES NOT HAPPEN DURING THIS
MANIFESTATION MASTERY JOURNEY – YOU ARE THE
CREATOR OF IT ALL? _____**
- 6. DO YOU COMMIT TO LOVING YOURSELF, NO MATTER
WHAT? _____**

SIGNED,

NAME

DATE

In the search for Authentic Success, there is only one question:

What's your next brave step?

Where can the answer always be found?

Your Inner Wisdom

Logistics

FIRST, All course materials are posted in the **Manifestation Mastery Journey Discussion Participant Page**, which is here:

http://www.worldchangingbusiness.com/ManifestationMastery_Participants.html

SECOND, Below is the recommended way to follow the course program. It is simply a recommendation. If your heart calls to move more quickly or more slowly, honor that. It is recommended that you listen to the recordings in sequence, as the principles build on one another.

I recommend you pick a day each week you would like to listen to materials. Carve out 1.5-2 hours to listen and process each week. Block it in your calendar.

Week 1 – Journey Preparation

- Recording #1 – Getting Started
- Recording #2 – Are You A Manifestation Master – Part 1
- Recording #3 – Are you A Manifestation Master – Part 2

Week 2 – Recording #4 – Commence Your Journey

Week 3 – Recording #5 – Law of Authenticity

Week 4 – Recording #6 – Law of Wisdom

Week 5 – Recording #7 – Law of Feeling

Week 6 – Recording #8 – Law of Attraction

Week 7 – Recording #9 – Law of Thinking

Week 8 – Recording #10 – Law of Spirit

Week 9 – Recording #11 – Law of Asking

Week 10 – Recording #12 – Law of Giving

Week 11 – Recording #13 – Law of Receiving

Week 12 – Recording #14 – Law of Desire

Week 13 – Recording #15 – Tele-Bration!

Getting Started

Know that woven in the days, hours, minutes ahead are dozens, hundreds, even thousands of miracles awaiting your discovery. Opportunity, wealth, generosity, and creativity are around every turn.

As this journey will illustrate, our problem is not that we don't have pure abundance all around us – our problem is that we don't see it. We aren't tuned in to receive it.

This journey will open your senses to the bounty all around.

Introduction

Welcome to the Manifestation Mastery Journey! During the next 90 days you will:

1. **You will discover the hidden power of the universe -- the 10 Laws of Creation.** These are specific laws that show you exactly what to do and to be, to accept your role as the Divine Creator that you are.
2. **You embark on a journey towards the conscious creation of one (or more) specific physical-world goal.** A 90-day goal or creation that is deeply valuable and desired by you.
3. **You will step into your role as a Messenger.** You will become a Divine Reflection of Love, Wealth, and Prosperity -- which makes you a powerful catalyst, mentor, and teacher in the world.

Unlike many programs that *tell* you about the Laws of Creation, the Laws of Attraction, and the Architecture of Success, this one invites you to use these laws first-hand.

Every action you are asked to take on this journey contains deep meaning and purpose beyond the surface reasons you might think. Nothing should be taken for granted.

Our approach:

1. You will select a Divine Creation – the one thing you intend to manifest in the next 90 days.
2. The Laws of Creation will be revealed on each of our Tele-Gathering calls, with specific ways you can begin using them in your life
3. Every week you perform a ritual, where you will receive hidden wisdom, heal old wounds, and specify action your Inner Guide would like you to take.
4. As you manifest your Divine Creation, you set in motion the momentum to live as a Manifestation Master

What Is A Manifestation Master?

A Manifestation Master sees that he created EVERYTHING in his life and then revels and savors every part of it – both the victories and the challenges.

There are three primary components to this definition:

First, the definition speaks not of the future, and of what will be, but rather to the present and even the past, for what it is and was.

It's not something you will do in the future. Manifestation Mastery is about the present time. It only occurs in the present time. It's never about the future. It's about what's here and now.

Second, we are reminded that the Manifestation Master created everything. And we did, in Truth, create EVERYTHING in our lives. We are not wallowing in the winds of other people's will. We, despite the rest of the world, created it ALL. We created the ups, the downs, the successes, the failures, the lovers, the enemies, the opportunities, and the barricades.

This speaks to you as a powerful creator. Just like God, you created everything in your life. This has many, many layers of meaning, which perhaps one day we will all understand. But the point here is that you created it ALL. ALL of it. Every last morsel. YOU. You did it.

So the first part of being a Manifestation Master is the "seeing" or witnessing" of that power. Every single thing YOU CREATED.

Third, the Manifestation Master "revels and savors" every aspect of his creation. Revels and savors.

According to the Random House Dictionary, to "**revel**" means to "take great pleasure and delight" or "to make merry." And to "**savor**" means to "perceive by taste or smell" and to "give oneself the enjoyment of."

Notice that the definition of Manifestation Master does NOT say that he revels and savors only the good parts – it says that "he revels and savors every part of it."

In other words, the Manifestation Master owns his full power by claiming that nothing is done unto him without his permission. Everything came of your own

choosing. Every single person, situation, and condition was created by you. And that every creation not only should be, but is revealed and savored.

What Should You Create?

You may have already given considerable thought to what you want to create during this Manifestation Mastery Journey. But before you make a final decision, let's first consider the "strategic" function of this Creation.

The Divine Creation you choose to commit to will be:

1. Something you are excited to create!!
2. Something that will spark the first step of creating something big you REALLY want to have in your life.
3. Something you might have to stretch a bit to complete – something that will challenge you -- but that you *know* and *believe* you can successfully complete in the next 90 days.
4. Something that will invite you to grow in the direction that Spirit wants for you – the direction of Authentic Success.

Because they are goals, Divine Creations have the following characteristics:

1. **Specifically defined** in a clear, concise way: *I want to lose weight*
2. **Measurable** – quantify it in an unmistakable way: *I want to lose 20 pounds*
3. **Set with a time line:** *I want to lose 20 pounds in 1 year*
4. **Realistic.** Is the goal realistic – not just the slim possibility but also a high probability to achieve it? This is based on what you believe is possible. Only you can determine that. The key thing is that it feels possible to you.
5. **It must be within your power to create** – does not need good luck, divine intervention, or depend on someone else.

It's likely that if you are here today, you have already begun your interest and study of the Science of Manifestation. You may have watched *The Secret*, or read some of the many books about the Laws of Attraction (my personal favorites are *The Science of Getting Rich* by Wallace D. Waddles, *Ask And It Is Given* by Esther and Jerry Hicks, *Alter Your Life* by Emmet Fox, and *Think and Grow Rich* by Napoleon Hill).

You probably already know that the Law of Attraction states that you get more of what you're focused on, and that it's your thoughts that create your reality.

You have probably already tried out the Laws of Attraction in your life, and maybe even seen some pretty amazing results.

But you're here today, on some level, because **you know that you've only begun to tap into the powers of creation living inside you.** And this is true.

You can create absolutely anything you can imagine. Anything and everything.

But until you become a Manifestation Master, this will all remain just theory to you. The only way to become a Manifestation Master is to practice the Laws of Creation (which include the Law of Attraction) until you demonstrate to yourself, first-hand that these Laws are in fact real, and not just theory.

What is a demonstration? To demonstrate the Laws of Creation is to evolve (enlighten) yourself on the inside to such a degree that a corresponding physical world creation manifests.

Demonstration of your inner divinity is really what we are seeking in this journey.



What Is Your Frequency?

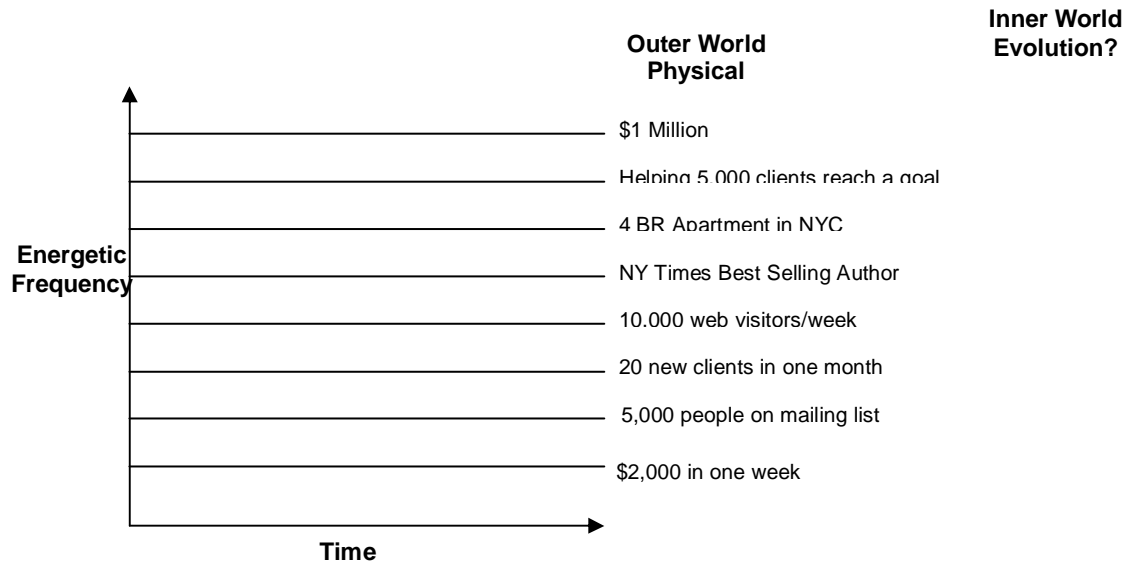
Your frequency is the energetic level you are living at. Your energetic level is a measure of your ability to create what you want in your life. The higher your energetic frequency, the more self-actualized you are.

To measure your energetic frequency, look around your life. How much of your life is the way you want it? How much of your life is not?

Another way to measure your energetic frequency is your thinking. How much of your thinking makes you feel powerful, uplifted, and free? How much of your thinking is filled with excuses, complaints, limitation, and blame?

The ultimate way to measure your energetic frequency is to observe your feelings. Your feelings are a direct indicator of your energy. If 1 equals a feeling of utter despair and 10 equals a feeling of utter bliss and godliness, then every other feeling falls somewhere in between.

To produce new physical world results (which is of course, what we're always most concerned about, but one day we won't), we need to change our energetic frequency.



What Is *Your* Path Of Authentic Success?

Your life is like no one else's. Your life is totally unique. Divinely unique. And therefore, both your definition and path to Authentic Success, is like none other.

You can start to weed out your **Definition of Authentic Success** and your **Path to Authentic Success** by looking at your current life.

Which area of your life has given you the greatest challenge? Which area of your life do you seem to be continually trying to improve? This area of your life is likely your **Life School**.

Your Life School is the area of your life where your Path To Authentic Success lives.

If your whole life were the world, your Life School would be one continent. And the specific desires within that are of your life would be the cities or towns you'd like to visit on that continent.

As a preparation for today, I invited you to make a list of things you really want, as well as things you wish would disappear from your life. Each of those things represents a different city in your continent, and to get to each city requires you to evolve to a higher energetic frequency.

What is the recurring core fear that plagues you?

The Core Fears...

- The fear of not enough

- The fear of pain
- The fear of rejection
- The fear of responsibility
- The fear of impermanence
- The fear of the unknown

Your Core Fear is your **Life Lesson**.

Your Path to Authentic Success is riddled with opportunity to learn and overcome your Life Lesson.

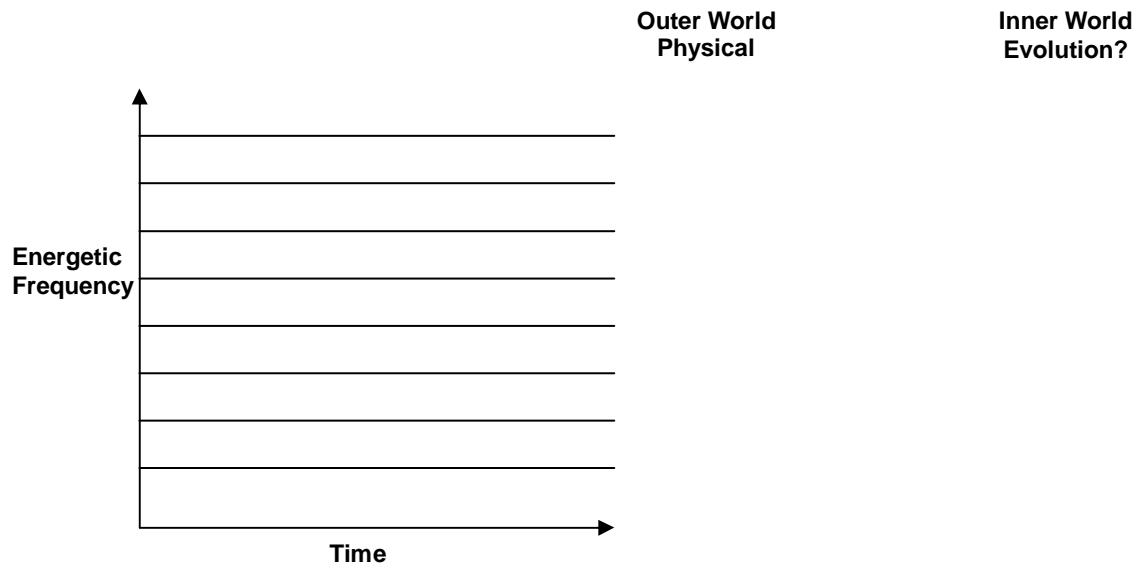
Your Life Lesson is the key to unlocking demonstration of Authentic Success.

Your Life Lesson contains the greatest power for your internal growth. It's your personal remedy to life struggles. It's fodder for the most significant elevation of your Energetic Frequency. It contains the power for you to demonstrate the things you want – The very things that Define Authentic Success for you.

Therefore, these things are all very interconnected, and have everything to do with you “having what you want”:

- Your Life School (the contentment)
- Your Definition of Authentic Success (the cities)
- Your Core Fear
- Your Path to Authentic Success

As you select your Divine Creation for the Manifestation Mastery Journey, consider how you would fill out your own Energy Diagram:



Self-Discovery Exercise

As with any journey, it's important to know where you are as you begin. This will give you a strong sense of where to take your journey.

1. Describe your life as it is right now. Write down whatever comes to mind. There is no "correct" way to answer this question.

2. What are three challenges you have overcome in your life?

a.

b.

c.

3. What are three of your greatest strengths?

a.

b.

c.

4. What are three accomplishments you feel good about?

a.

b.

c.

5. What do you wish would change in your life?

6. Looking back on your life, write down three regrets.

a.

b.

c.

7. Which area of your life has been most difficult for you? Business, career, finance, romance, family, health, physical environment, fun and leisure. Select only one. **This is your Life School.**

8. Write down the specific struggles you have had in this area of your life.

9. What have you always wanted in this area of your life? Make a List. These are **the Cities on your Path to Authentic Success.**

10. Of all the things you listed above, which **one thing do you want to manifest most?** Perhaps it is something that might take you a year or more to fully actualize.

11. Imagine someone who has mastered this area of their life and has already manifested this one thing that *you* desire, or something like it. Someone you know could easily manifest your desire. Describe this person. What is their name? What do they look like? What is their mood or energy? This person is your **Manifestation Mentor**.

12. Imagine that you can speak to them in your mind and ask them directly for guidance. Why have you come to me today?

13. What is the wisdom they would like to share with you today?

14. What is their key to success?

15. Ask them to show you what's keeping you from success? What thoughts, beliefs, and behaviors keep you from success?

16. Ask them to share with you what is possible for you in this area of your life, 12 months from now. If you were to step into your Higher Path, what could you manifest in your life? What would change? What successes would you experience? List them.

17. Of all that they showed you is possible 12-months from now, have them share with you the **one thing** that when manifested, will give you great joy, fulfillment, and satisfaction. This is your **12-Month Manifestation Goal**. It is the next city on your Path To Authentic Success.

18. How would you feel having manifested this one thing? Name the specific feeling.

19. What is the first brave step you could take in the next 90 days? What creation would represent a powerful brave step in the direction of this longer term goal (from #17)? This is your **90 Day Divine Creation**.

20. What **specific action** would your Manifestation Mentor like you to take this week to begin moving toward your 90 Day Divine Creation?

21. To support you over the next 90 days, your Manifestation Mentor would like to give you a gift from their heart to yours. **What is the gift** they are giving you? What does it represent?

22. Your Manifestation Mentor doesn't want you to try to do it alone. Your Manifestation Mentor wants you to feel supported. Ask them for three specific ways you can reach out to others this week for support, guidance, expertise, or relief. Write down the three specific Profound Requests you can make of others below.

| |
|------------------------|
| 1. 2. 3. |
|------------------------|

23. Is there any additional guidance your Manifestation Mentor has for you today?

| |
|--|
| |
|--|

Action Steps:

1. Take the action(s) your Manifestation Mentor gave to you to help you move toward your goal.
2. Listen to the song, "Does Your Heart Ache To Tell The Truth About Me" by Neale Donald Walsch daily and journal for 10 minutes afterward.